



SARACENS

Masterclass2004



3 DAY
COURSE

Tues 26th - Thurs 28th Oct 2004
FULLARIANS RFC, WATFORD, HERTS

UniBond  **LEXUS**
Hatfield

Masterclass04



SARACENS

Calling All Young Rugby Players aged 7-16...

Do you want to improve your rugby skills?

Do you want to be coached by Saracens's Premiership Players?

If you are aged U7-U16 and the answer is yes to any of the above questions - make sure you don't miss out on this October's Masterclass Coaching course.

Not only is the Masterclass a great chance for young players to improve their rugby skills in a safe, fun and motivational environment - but you'll also get tips from Saracens international stars. Every day on the course, members of the Saracens first team squad and coaches will pass on their experience and provide a real insight into the professional game.

Sponsored by Lexus of Hatfield and Unibond, the last three Masterclass courses have sold out within weeks so don't delay, book now to avoid disappointment.

The next course is being held at Fullarians RFC for THREE DAYS from Tuesday 26th - Thursday 28th October. The cost will be only £100 for the course plus insurance, although there are discounts available (see application form). The price will include the coaching, access to players, a lunch each day, giveaways at the end of the course and also a ticket to the Saracens vs Bayonne match on Fri 29th October (Kick off 7.45pm).

To get to 'Fullers' from Hunton Bridge roundabout on A41 (J19 M25), follow Hempstead Rd (A411) towards Watford Town Centre. At traffic lights turn right into Langley Way (sign posted). Turn Right at end into Coningesbury Drive and the club is found at the end of the road.

The course will include the following in accordance with RFU age specific guidelines.

Programme Outline

- Touch and Tag (for U7/8s)
- Handling & Evasion
- Ruck & Maul Technique
- Continuity

- Contact Skills
- Defence (unit skills)
- Tackling
- Decision making
- Kicking Practice
- Half Back Skills

- Forward Play
- Back Play
- Agility & SAQs
- Coaching from Saracens internationals and first team squad on each day
- Player Question & Answer Sessions

"The Saracens Masterclass is a great way for youngsters to develop as players, meet new friends and interact with professional rugby stars. This is a unique opportunity for any youngster and one which many other coaching courses are unable to compete with due to our availability of professionals and quality of coaching. Using our players adds a huge amount of value to the courses and inspires the children involved to set their sights high to emulate their heroes."

Dave Hesketh - Saracens Rugby Development Manager

"What a great week my kids had, it was really noticeable when the rugby season started up again, their skills had improved overall due to this intensive, very enjoyable week. Friends were made from other junior clubs and it is nice to see them talking with each other after they have played in opposing teams during the rugby season."

Parent of a Masterclass graduate.

For more details contact Dave Hesketh on 01923 475231 or email davehesketh@saracens.net. Once we've received your application we will send confirmation via email and then send final details the week before the course.

Price: **£100.00 + insurance**

It is necessary to take out additional personal insurance with Marsh in accordance with the RFU Accidental Death and Permanent Disability Insurance. This costs only £2 per person per day.

For more details call the Community team on **01923 475231**

3 DAY COURSE

Times: 9.00am-4.00pm daily
AGE GROUPS: U7s - U16s in the 2004/05 season

UniBond  **LEXUS**
Hatfield

Registration Form

PLEASE COMPLETE ONE PER PARTICIPANT (INCLUDE ONE PASSPORT PHOTO & PAYMENT)

PARTICIPANT'S NAME

DATE OF BIRTH PLAYING AGE GROUP THIS SEASON

ADDRESS

..... POSTCODE

HOME TEL. NO EMAIL (Parent/Guardian)

So we can send confirmation of payment

IN CASE OF EMERGENCY (Please make sure you are available on this number for the duration of the course)

CONTACT NAME (1) RELATIONSHIP TO APPLICANT (1)

CONTACT NUMBERS (i) (ii)

CONTACT NAME (2) RELATIONSHIP TO APPLICANT (2)

CONTACT NUMBERS (i) (ii)

ALLERGIES/ILLNESS

.....

MEDICATION

.....

RECENT RELEVANT MEDICAL HISTORY (e.g. sprained left ankle - Sept 2001)

.....

.....

.....

FOOD ALLERGIES

..... VEGETARIAN YES/NO (please circle)

T-SHIRT SIZE CHILDRENS SIZING 7-8s / 9-11s / 12-13s / 14-15s (please circle)

ADULTS SIZING S / M / L / XL (please circle)

CLUB

COUNTY / REGIONAL

PLAYING POSITION HONOURS

- PLEASE COMPLETE BOTH SIDES -

COURSE COST £..... £100 (full price) £90 if entitled to 10% discount

INSURANCE COST £..... £2 per day (£6 for full course)

TOTAL COST £..... £106 (full price) £96 if entitled to 10% discount

A £15 per day reduction is available on days where the participant is unable attend if this has been made known to Saracens at least a week prior to the start of the course.

WHICH DAYS WILL YOU BE UNABLE TO ATTEND?

DISCOUNT CATEGORIES - 10 % discounts are available for participants from the 2004 Summer Masterclass courses, siblings and for group bookings of more than 10 (all forms must arrive together) Please tick if you are entitled to a discount. No two categories can be used together

GROUP BOOKINGS*
must be 10 or more participants

PAST PARTICIPANT
of Masterclass 2004

SIBLINGS*

*All applications must arrive together

METHOD OF PAYMENT

I have enclosed a cheque made payable to Saracens Ltd

Please charge my debit/credit card

£ TOTAL AMOUNT

CARD No.

START Date

EXP Date

ISSUE No.

LAST 3 DIGITS (BACK OF CARD)

CARD TYPE ACCESS / VISA / MASTERCARD / SWITCH / DELTA

NAME ON CARD

SIGNATURE

DATE

CHECK LIST (Before returning this form please check that you include the following)

BOOKING FORM

ONE PASSPORT SIZED PHOTO

PAYMENT

Saracens Reserve the right to withhold re-payment on any participant misbehaving during the course.

Please tick if you do not wish for any photographs taken of your child during the week to be used in any Saracens promotional material.

There are only a limited number of places available in each age group. Once these are sold additional applicants will be placed on a waiting list. Please remember that the Summer Masterclass sold out very early so book now to avoid disappointment.

Please return to: Dave Hesketh, Masterclass04, Saracens Ltd, Rigby House,
34 The Parade, High Street, Watford, Hertfordshire. WD17 1EA Tel: 01923 475231



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